



SILVER CREEK VALLEY  
C O U N T R Y C L U B

# SUMMER JUNIOR CLINICS

under direction of  
Coach Ross and Coach Darius

## 10 & UNDER TENNIS

### PEE WEE (3 & 4 YRS)

TUE/THURS 4:30-5:30PM

Players work on body management, movement, and hand/eye coordination along with listening skills and

### RED BALL (5-6 YRS)

TUE/THURS 4:30-5:30PM

Players learn proper grips, preparation, and swing path for the forehand, backhand, and volley. They are taught the drop-hit serve and develop movement skills with

### ORANGE BALL (6-9 YRS)

TUE/THURS 4:30-5:30PM

Players work on proper stroke technique on groundstrokes and volleys adding directional control. They start to rally, learn to serve and return, and begin to play points. They are introduced to scoring and the rules

### GREEN DOTS (9-12 YRS)

TUE/THURS 4:30-5:30PM

Players add spin and pace to their strokes. They can serve, return, and sustain a rally. They review scoring and the rules to be ready for match-play.



**\$25/ Session**

(spring group lessons 6/12/17 - 8/18/17)

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## GRADE, MIDDLE & HIGH SCHOOL TENNIS

### **BEGINNERS** TUE/WED/THURS 5:30 - 7:00PM

For students with little or no previous tennis instruction.

Students will be introduced to the basic forehand, backhand technique, allow them to play and enjoy the game. Classes will also include serve and volley and overhead strokes, basic footwork, grips, vocabulary and the rules of play. The goal of our class is for beginners to build a proper foundation of basic strokes and allow them to learn to play tennis in the fastest way possible.

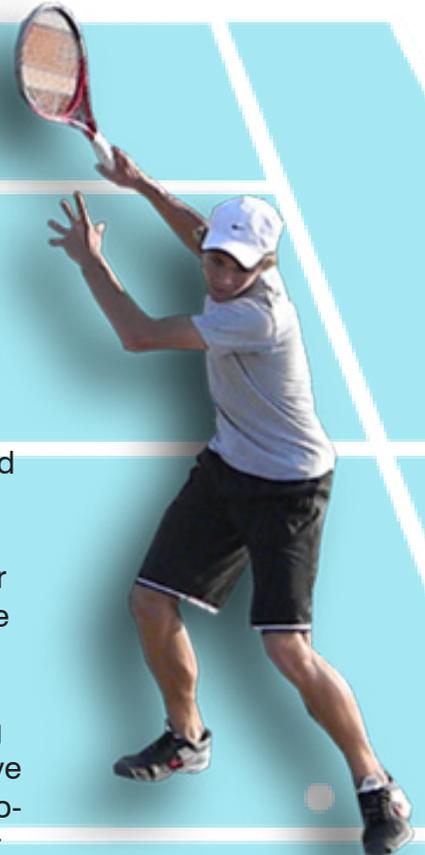
### **INTERMEDIATE** TUE/WED/THURS 5:30 - 7:00PM

For players who are consistent on slow to medium paced shots but need to develop more spin, power, and/or variety. Basic to advanced shots, strategy and tactics will be introduced and reinforced by performance enhancing drills. Intermediate Tennis involves learning to deal with faster shots through more advanced footwork and quicker preparation with the hands.

More advanced footwork includes hitting groundstrokes from more of an open stance, and quicker preparation with the hands means keeping them close to the body. The students also learn how to control their serve more by imparting more spin on the ball, while still having a throwing motion with their serve. The students also learn proper court positioning for doubles. Students will learn advanced concepts in team strategy through singles and doubles play with varying court play systems.

### **ADVANCED** TUE/WED/THURS 5:30 - 7:00PM

For this advanced class, players should already have good stroke fundamentals and be able to play offensive and defensive tennis. Advanced tennis involves the students learning more subtle shots such as a sliced backhand, as well as strategy for competitive situations. Students learn how to have a more effective mindset for competitive situations; our training will allow students to refine their footwork and preparation with all their shots. This class will include point play against others through a combination of drills and matches.



**\$40/ Session**

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